



# Murray Senior Recreation Center

2020

Recreation for 55+

April

## Information

We are trying to get **INFORMATION** out about our Center via Facebook posts, listing it on our webpage, or sending out email blasts. Please be sure to check these at least once a week for more information.

If you have questions, please call our main number **801-264-2635** during Monday-Friday from 8:00 until 4:30.

[murray.utah.gov/140/Murray-Senior-Recreation-Center](http://murray.utah.gov/140/Murray-Senior-Recreation-Center)

## Sack Lunches

We will be serving **SACK LUNCHES** for pick-up on Tuesday through Friday. The sack lunch will include a sandwich (choice of white or wheat bread and a choice of ham, turkey, or roast beef), bag of chips, pickle, fruit cup, and cookie. The cost is \$4. The sack lunch is only for those 55+.

Please call us at 801-264-2635 between 8:00-4:00 the day **prior** to order your sack lunch. Payment can be made over the phone with your credit/debit card. If absolutely necessary, **EXACT** change may be paid the day of pick-up. We will not have money available to make change.

We need prior notification so the kitchen can adequately prepare your order. As the Center is still closed, the sack lunches will be delivered to your car in front of our building (north entrance) between 11:30-12:30.



### Murray City Administration

Mayor Blair Camp  
Parks and Recreation Director: Kim Sorensen  
City Council:  
Kat Martinez, District 1  
Dale Cox, District 2  
Rosalba Dominguez, District 3  
Diane Turner, District 4  
Brett Hales, District 5

### Murray Senior Recreation Center Staff

Director	Tricia Cooke
Programming	Maureen Gallagher
	Wayne Oberg
Secretary	April Callaway
Receptionist	Miranda Carter
Ceramics	Cindy Mangone
Meals Supervisor	Allie Rivera
Meals Assistant	Chris Miller
Dishwasher	Annie Gardner
Custodian	Bart Harris
Building Attendant	Pete Wright

### Advisory Board

**Chair:** Richard Clark  
 Lynn Anderson      Christine Clark  
 Richard Clark      Max Derrick  
 Susan Hatcher      Becky Harris  
 Ed Houston      Sandra Jones  
 Jenny Martin

### 2020 Summer Concerts

**Monday, June 8**  
*Cancelled*

**Monday, July 13**  
Pick'ee Out the Stingers  
*bluegrass/hillbilly*

**Monday, August 10**  
Company B  
*oldies*

**Monday, September 14**  
Flashback Brothers  
*classic rock*

#10 East 6150 South  
Murray, UT 84107  
**801-264-2635**

seniorrec@murray.utah.gov  
Director: Tricia Cooke

**Monday – Friday**  
**Calls Only**  
**8:00 – 4:30**



[www.facebook.com/MurraySeniorRec/](https://www.facebook.com/MurraySeniorRec/)  
[www.facebook.com/MurrayCityUtah/](https://www.facebook.com/MurrayCityUtah/)

## DIRECTOR'S NOTE

Please know that **YOU** are missed by myself and the staff. It is times like this that we all come together to help and heal. Here at the Center our staff is hard at work cleaning and sanitizing everything for your return. We have gone room to room and cleaned every inch. The kitchen has been freshly painted. The bathrooms are being scrubbed down and the ceilings re-painted. We don't know when this pandemic will end or when we will all be back together again. Until then, please know that we can't wait to welcome you back. I personally miss each and everyone of you. Stay in and stay safe. Don't forget you can order a lunch 24-hours prior to the day you want it on Tuesday-Friday.

Tricia Cooke

## HEALTH SERVICES

### Toenail Clipping

Dr. Scott Shelton provides **TOENAIL CLIPPING** every other month. The next scheduled toenail clipping will be on **Thursday, June 25** from **9:30 to 12:00**. The cost is **\$11**. Payment is required at time of scheduling; registration begins Thursday, May 28.

The doctor is unable to provide toenail clipping services for people who are diabetic or on anti-clotting agents such as Coumadin.

## RECREATION

### Walking Club Destination ... Portland, Oregon

Our summer **WALKING CLUB** goal is to walk 775 miles to **PORTLAND, OREGON**. Cost is **\$12** and all participants will receive a 2020 t-shirt. Free pedometers available upon request. We will supply walking routes and tips. Chart your progress as we walk to Portland from April through October. Register now.

Calendars will be available to be picked up in the front vestibule on Tuesday through Friday during 11:30-12:30.

### Senior Golf League

The Murray Senior Recreation Center's **SENIOR GOLF LEAGUE** will begin this year in April. Golf tournaments are for those 55+ who have attained a basic level of golf skill which will allow them to compete in 18 holes of play at a pace comparable to the 100+ players who will participate in each tournament.

Initial registration is **\$10** and can be paid starting Monday, April 6 over the telephone with credit or debit card. Wayne will provide further information where and when the first tournament will be. Money for the tournament will be taken at that time.

## TRAVEL

### Tuacahn - Fall 2020

Plan to travel to southern Utah and Mesquite this fall and spend a few evenings at the **TUACAHN**

Amphitheater experiencing *Disney's Beauty and the Beast* and *The Count of Monte Cristo*.

A chartered bus will depart from the Murray Senior Recreation Center at **10:00** on **Monday, September 28** and we will stay three nights at the CasaBlanca Hotel in Mesquite, Nevada. We will return **Thursday, October 1**.

The cost is **\$400** per person based on double occupancy or **\$500** per person for a single room. Cost includes lunch on the bus heading to Mesquite, a \$65 meal card at the CasaBlanca, two pre-show dinners at Golden Corral, and tickets to the two musical plays.

Registration begins Wednesday, July 15 and seating is limited. A minimum \$50 deposit is required for each participant to register for the trip. **Trip payment in full is required by Friday, August 28 at 4:00.** Travelers may register for themselves and one other person.

Cancellations must be made prior to Wednesday, August 28 for a full refund. After August 28, trip refund amounts will be on a case-by-case basis.

