

Pickleball for Seniors

LEARN TO PLAY PICKLEBALL



Beginners and Intermediate

MAY CLASSES

Murray Senior Recreation Center is offering Learn to Play Pickleball lessons for adults especially 55 years and older. Participants will learn how the sport is played and the techniques associated with the game. Equipment provided!

Place

Murray Senior Recreation Center Pickleball Courts (behind the building)

Cost

\$10.00 per person includes 2 hours of instruction and play

Register

Murray Senior Recreation Center,
Online at www.mcreg.com

Max Number

10 people per session for Beginners
8 people per session for intermediate

Instructor Sherrie Bertrand

Dates and Sessions (Tuesday and Thursday)

May 3 & 5	4:00-5:00 pm	Beginners
May 3 & 5	5:00-6:00 pm	Intermediate
May 10 & 12	4:00-5:00 pm	Beginners
May 10 & 12	5:00-6:00 pm	Intermediate
May 17 & 19	4:00-5:00 pm	Beginners
May 17 & 19	5:00-6:00 pm	Intermediate
May 24 & 26	4:00-5:00 pm	Beginners
May 24 & 26	5:00-6:00 pm	Intermediate
May 31 & June 2	4:00-5:00 pm	Beginners
May 31 & June 2	5:00-6:00 pm	Intermediate

Definition of Beginner and Intermediate

*A **beginner player** is typically those new to the sport of pickleball that do not possess the refined touch skills of an experienced player.*

*A **intermediate player** understands the strategy, court positioning, can keep score and are likely to be playing tournaments. Players of this level can serve and return but the shot may lack pace, depth or direction.*

801 264-2635

Murray Senior Recreation Center's Learn to Play Pickleball Form

Registration Form: Return to: Murray Senior Recreation Center, 10 East 6150 South, Murray Utah 84107

Name _____ Phone _____ Male/Female _____

Address _____ Zip Code _____

Email _____ Cell# _____

Session _____ Time _____ Birthdate _____

Do you have any physical limitations? Yes ___ No ___ If so, please Explain _____

How did you hear about the program? ___ Email ___ Murray Journal ___ Website ___ Flyer ___ Social Media ___ Newsletter

Dates and Sessions (Tuesdays and Thursdays) Please Check

Dates and Sessions (Tues. & Thurs.)

_____ May 3 & 5	4:00-5:00 pm	Beginners
_____ May 3 & 5	5:00-6:00 pm	Intermediate
_____ May 10 & 12	4:00-5:00 pm	Beginners
_____ May 10 & 12	5:00-6:00 pm	Intermediate
_____ May 17 & 19	4:00-5:00 pm	Beginners
_____ May 17 & 19	5:00-6:00 pm	Intermediate
_____ May 24 & 26	4:00-5:00 pm	Beginners
_____ May 24 & 26	5:00-6:00 pm	Intermediate
_____ May 31 & June 2	4:00-5:00 pm	Beginners
_____ May 31 & June 2	5:00-6:00 pm	Intermediate

LIABILITY RELEASE AND PERMISSION TO PARTICIPATE

In consideration of the acceptance of my application for the above activity, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue as a result of participation in said event. It is understood that some recreational activities involve an element of risk or danger of accidents, and knowing those risks, I hereby assume those risks. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns. I have read and understood the foregoing registration, liability release, and agree to all of their terms and conditions.

Signature

Date