








MONDAY

The Park Center Aquatics Schedule

MONDAY

	Activity Pool	Competition Pool																
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time								
5:00 AM	Adult Only Time 5:30AM - 12AM									5:00 AM								
6:00 AM		Lap Swim (Subject to Lifeguard Availability) 5:30AM -7AM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	6:00 AM								
7:00 AM		 MHS 7AM - 8:30AM 								7:00 AM								
8:00 AM										8:00 AM								
9:00 AM	Aqua Fit-Shallow 9AM - 10AM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 3PM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 3PM	Lap Swim 8:30AM - 3:00PM	Lap Swim 8:30AM - 3:00PM	Lap Swim 8:30AM - 3:00PM	Lap Swim 8:30AM - 3:00PM	Lap Swim 8:30AM - 3:00PM	Lap Swim 8:30AM - 3:00PM	9:00 AM								
10:00 AM	Adult Only Time 5:30AM - 12AM																	10:00 AM
11:00 AM																		11:00 AM
12:00 PM	Open Plunge 12PM - 8:45PM																	12:00 PM
1:00 PM										1:00 PM								
2:00 PM										2:00 PM								
3:00 PM		 MHS 3PM - 4:30PM 								3:00 PM								
4:00 PM	Aqua Fit-Shallow 6PM - 7PM	 MAC 4:30PM - 6:30PM 								4:00 PM								
5:00 PM										5:00 PM								
6:00 PM										6:00 PM								
7:00 PM		Open Plunge 12PM - 8:45PM	 Water Polo 6:30PM - 7:30PM / 8:15PM								7:00 PM							
8:00 PM	Lap Swim (Subject to Availability) 7:30PM - 8:45PM		Lap Swim (Subject to Availability) 7:30PM - 8:45PM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8:00 PM								

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
1/26/26






PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accomodate pool programming.

TUESDAY

The Park Center Aquatics Schedule

TUESDAY

	Activity Pool	Competition Pool									
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time	
5:00 AM										5:00 AM	
6:00 AM	Adult Time 5:30AM - 12PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 3PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	6:00 AM	
7:00 AM										7:00 AM	
8:00 AM	Aqua Fit-Shallow 7:45AM - 8:45AM 9AM - 10AM										8:00 AM
9:00 AM											9:00 AM
10:00 AM	Adult Time 5:30AM - 12PM										10:00 AM
11:00 AM									11:00 AM		
12:00 PM	Open Plunge 12PM - 3:45PM									12:00 PM	
1:00 PM										1:00 PM	
2:00 PM										2:00 PM	
3:00 PM		<div>MHS3PM - 4:30PM<div></div></div>								3:00 PM	
4:00 PM	Swim Lessons 3:45PM - 6PM	<div><div>Swim Lessons 4:30PM - 6PM</div><div>MAC 4:30PM - 6PM<div></div></div></div>								4:00 PM	
5:00 PM										5:00 PM	
6:00 PM	Open Plunge 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim	Lap Swim	Lap Swim	6:00 PM	
7:00 PM							Aqua Fit-Deep 6:30PM - 7:30PM <div></div>			7:00 PM	
8:00 PM							Lap Swim 7:30PM - 8:45PM	Lap Swim 7:30PM - 8:45PM	Lap Swim 7:30PM - 8:45PM	8:00 PM	

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
1/27/26









PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accomidate pool programming.

WEDNESDAY

The Park Center Aquatics Schedule

WEDNESDAY

	Activity Pool	Competition Pool								
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time
5:00 AM	Adult Only Time 5:30AM - 12PM									5:00 AM
6:00 AM		Lap Swim (Subject to Lifeguard Availability) 5:30AM - 7AM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	6:00 AM
7:00 AM		 MHS 7AM - 8:30AM 								7:00 AM
8:00 AM							Lap Swim	Lap Swim	Lap Swim	8:00 AM
9:00 AM							Aqua Fit-Deep 9AM - 10AM 			9:00 AM
10:00 AM										
11:00 AM		Lap Swim (Subject to Lifeguard Availability) 8:30AM - 3PM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 3PM	Lap Swim 8:30AM - 3PM	Lap Swim 8:30AM - 3PM	Lap Swim 8:30AM - 3PM				
12:00 PM	Open Plunge 12PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 3PM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 3PM	Lap Swim 8:30AM - 3PM	Lap Swim 8:30AM - 3PM	Lap Swim 8:30AM - 3PM	Lap Swim 10AM - 3PM	Lap Swim 10AM - 3PM	Lap Swim 10AM - 3PM	12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM		 MHS 3PM - 4:30PM 								3:00 PM
4:00 PM		 MAC 4:30PM - 6:15PM 								4:00 PM
5:00 PM										4:00 PM
6:00 PM		Aqua Fit-Shallow 6pm - 7pm	Lap Swim (Subject to Lifeguard Availability) 6:15PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	AquaLogix 6:30PM - 7:30PM 		6:00 PM
7:00 PM	Open Plunge 12PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6:15PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
1/28/26

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accomodate pool programming.

THURSDAY

The Park Center Aquatics Schedule

THURSDAY

	Activity Pool	Competition Pool									
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time	
5:00 AM										5:00 AM	
6:00 AM	Adult Time 5:30AM - 12PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 3PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	6:00 AM	
7:00 AM										7:00 AM	
8:00 AM	Aqua Fit-Shallow 7:45AM - 10AM									8:00 AM	
9:00 AM										9:00 AM	
10:00 AM	Adult Time 5:30AM - 12PM									10:00 AM	
11:00 AM										11:00 AM	
12:00 PM	Open Plunge 12PM - 3:45PM									12:00 PM	
1:00 PM										1:00 PM	
2:00 PM										2:00 PM	
3:00 PM										MHS 3PM - 4:30PM	
4:00 PM	Swim Lessons 3:45PM - 6PM	MAC 4:30PM - 6PM								4:00 PM	
5:00 PM										5:00 PM	
6:00 PM	Open Plunge 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim	Lap Swim	Lap Swim	6:00 PM	
7:00 PM							Aqua Fit-Deep 6:30PM - 7:30PM				7:00 PM
8:00 PM							Lap Swim 7:30PM - 8:45PM	Lap Swim 7:30PM - 8:45PM	Lap Swim 7:30PM - 8:45PM		8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
1/29/26








PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accomidate pool programming.

FRIDAY

The Park Center Aquatics Schedule

FRIDAY

	Activity Pool	Competition Pool								
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time
5:00 AM	Adult Only Time 5:30AM - 12PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 7AM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	5:00 AM
6:00 AM										6:00 AM
7:00 AM										<div>MHS 7AM - 8:30AM<div></div></div>
8:00 AM	Aqua Dance 8AM - 9AM									8:00 AM
9:00 AM	Adult Only Time 9AM - 12PM						Aqua Fit-Deep 9AM - 10AM <div></div>			9:00 AM
10:00 AM							10:00 AM			
11:00 AM							11:00 AM			
12:00 PM	Open Plunge 12PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 4:30PM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 4:30PM	Lap Swim 8:30AM - 4:30PM	Lap Swim 8:30AM - 4:30PM	Lap Swim 8:30AM - 4:30PM	Lap Swim 10AM - 4:30PM	Lap Swim 10AM - 4:30PM	Lap Swim 10AM - 4:30PM	12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM		<div><div></div>MAC 4:30PM - 6:30PM<div></div></div>								4:00 PM
5:00 PM		5:00 PM								
6:00 PM		6:00 PM								
7:00 PM		Lap Swim (Subject to Lifeguard Availability) 6:30PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6:30PM - 8:45PM	Water Polo 6:30PM - 8:45PM <div><div></div></div>						7:00 PM
8:00 PM				Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
1/30/26



PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accomodate pool programing.

SATURDAY

The Park Center Aquatics Schedule

SATURDAY

Activity Pool		Competition Pool												
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time				
5:00 AM										5:00 AM				
6:00 AM										6:00 AM				
7:00 AM	Adult Only Time 7AM - 9AM	Lap Swim (Subject to Lifeguard Availability) 7AM - 4:45PM	Lap Swim (Subject to Lifeguard Availability) 7AM - 4:45PM	Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 9:15AM	Lap Swim 7AM - 9:15AM	Lap Swim 7AM - 9:15AM	7:00 AM				
8:00 AM				Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 9:15AM	Lap Swim 7AM - 9:15AM	Lap Swim 7AM - 9:15AM	8:00 AM				
9:00 AM	Open Plunge 9AM - 4:45PM (Slide &toys will turn on at 10AM)			AquaLogix 9:15AM - 10:15AM					9:00 AM					
10:00 AM											10:00 AM			
11:00 AM				Water Polo 10:30AM - 1:30PM								11:00 AM		
12:00 PM												12:00 PM		
1:00 PM												1:00 PM		
2:00 PM				Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	2:00 PM			
3:00 PM				Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	3:00 PM			
4:00 PM				Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	Lap Swim 1:30PM - 4:45PM	4:00 PM			
5:00 PM										5:00 PM				
6:00 PM										6:00 PM				
7:00 PM										7:00 PM				
8:00 PM										8:00 PM				

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
1/31/26

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accomidate pool programing.

SUNDAY

The Park Center Aquatics Schedule

SUNDAY

	Activity Pool	Competition Pool								
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time
5:00 AM										5:00 AM
6:00 AM										6:00 AM
7:00 AM										7:00 AM
8:00 AM										8:00 AM
9:00 AM	Open Plunge 9AM - 1:45PM	Lap Swim (Subject to Lifeguard Availability) 9AM - 1:45PM	Lap Swim (Subject to Lifeguard Availability) 9AM - 1:45PM	Lap Swim 9AM - 1:45PM	Lap Swim 9AM - 1:45PM	Lap Swim 9AM - 1:45PM	Lap Swim 9AM - 1:45PM	Lap Swim 9AM - 1:45PM	9:00 AM	
10:00 AM									10:00 AM	
11:00 AM									11:00 AM	
12:00 PM									12:00 PM	
1:00 PM									1:00 PM	
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM										6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
2/1/26

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
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