

MONDAY

The Park Center Aquatics Schedule

MONDAY

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM	Adult Only Time 5:30AM - 12AM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 7AM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	5:00 AM
6:00 AM										6:00 AM
7:00 AM										7:00 AM
8:00 AM										8:00 AM
9:00 AM		Aqua Fit-Shallow 9AM - 10AM								9:00 AM
10:00 AM		Adult Only Time 5:30AM - 12AM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 3PM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 3PM	Lap Swim 8:30AM - 3:00PM	10:00 AM				
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM	Open Plunge 12PM - 8:45PM									3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM		Aqua Fit-Shallow 6PM - 7PM								6:00 PM
7:00 PM	Open Plunge 12PM - 8:45PM	Lap Swim (Subject to Availability) 7:30PM - 8:45PM	Lap Swim (Subject to Availability) 7:30PM - 8:45PM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accomidate pool programing.

Effective Date:
1/26/26

TUESDAY

The Park Center Aquatics Schedule

TUESDAY

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM	Adult Time 5:30AM - 12PM									6:00 AM
7:00 AM										7:00 AM
8:00 AM	Aqua Fit-Shallow 7:45AM - 8:45AM 9AM - 10AM									8:00 AM
9:00 AM										9:00 AM
10:00 AM	Adult Time 5:30AM - 12PM									10:00 AM
11:00 AM										11:00 AM
12:00 PM	Open Plunge 12PM - 3:45PM									12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM	Swim Lessons 3:45PM - 6PM									3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM	Open Plunge 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim	Lap Swim	Lap Swim		6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
1/27/26

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accommodate pool programming.

WEDNESDAY

The Park Center Aquatics Schedule

WEDNESDAY

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM	Adult Only Time 5:30AM - 12PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 7AM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	5:00 AM			
6:00 AM										6:00 AM
7:00 AM										7:00 AM
8:00 AM										8:00 AM
9:00 AM										9:00 AM
10:00 AM										10:00 AM
11:00 AM										11:00 AM
12:00 PM		Lap Swim (Subject to Lifeguard Availability) 8:30AM - 3PM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 3PM	Lap Swim 8:30AM - 3PM	Lap Swim 8:30AM - 3PM	Lap Swim 8:30AM - 3PM	Lap Swim 10AM - 3PM	Lap Swim 10AM - 3PM	Lap Swim 10AM - 3PM	12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM	Aqua Fit-Shallow 6pm - 7pm	Lap Swim (Subject to Lifeguard Availability) 6:15PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	AquaLogix 6:30PM - 7:30PM			6:00 PM
7:00 PM	Open Plunge 12PM - 8:45PM						Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

PLEASE NOTE

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Effective Date:
1/28/26

THURSDAY

The Park Center Aquatics Schedule

THURSDAY

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM	Adult Time 5:30AM - 12PM									6:00 AM
7:00 AM										7:00 AM
8:00 AM	Aqua Fit-Shallow 7:45AM - 10AM									8:00 AM
9:00 AM										9:00 AM
10:00 AM	Adult Time 5:30AM - 12PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 3PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	10:00 AM					
11:00 AM										11:00 AM
12:00 PM	Open Plunge 12PM - 3:45PM									12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM	Swim Lessons 3:45PM - 6PM									4:00 PM
5:00 PM										5:00 PM
6:00 PM	Open Plunge 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim	Lap Swim	Lap Swim	6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
1/29/26

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accommodate pool programming.

FRIDAY

The Park Center Aquatics Schedule

FRIDAY

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM	Adult Only Time 5:30AM - 12PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 7AM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	6:00 AM			
7:00 AM										7:00 AM
8:00 AM	Aqua Dance 8AM - 9AM									8:00 AM
9:00 AM	Adult Only Time 9AM - 12PM									9:00 AM
10:00 AM										10:00 AM
11:00 AM										11:00 AM
12:00 PM	Open Plunge 12PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 4:30PM	Lap Swim (Subject to Lifeguard Availability) 8:30AM - 4:30PM	Lap Swim 8:30AM - 4:30PM	Lap Swim 8:30AM - 4:30PM	Lap Swim 8:30AM - 4:30PM	Lap Swim 10AM - 4:30PM	Lap Swim 10AM - 4:30PM	Lap Swim 10AM - 4:30PM	12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM										6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

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Effective Date:
1/30/26

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accommodate pool programming.

SATURDAY**The Park Center Aquatics Schedule****SATURDAY**

Activity Pool		Competition Pool								
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time
5:00 AM										5:00 AM
6:00 AM										6:00 AM
7:00 AM	Adult Only Time 7AM - 9AM				Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 9:15AM	Lap Swim 7AM - 9:15AM	7:00 AM
8:00 AM										8:00 AM
9:00 AM	Open Plunge 9AM - 4:45PM (Slide & toys will turn on at 10AM)	Lap Swim (Subject to Lifeguard Availability) 7AM - 4:45PM	Lap Swim (Subject to Lifeguard Availability) 7AM - 4:45PM							9:00 AM
10:00 AM				Water Polo 10:30AM - 1:30PM						10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM										6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

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Effective Date:
1/31/26

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
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SUNDAY**The Park Center Aquatics Schedule****SUNDAY**

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM										6:00 AM
7:00 AM										7:00 AM
8:00 AM										8:00 AM
9:00 AM	Open Plunge 9AM - 1:45PM	Lap Swim (Subject to Lifeguard Availability) 9AM - 1:45PM	Lap Swim (Subject to Lifeguard Availability) 9AM - 1:45PM	Lap Swim 9AM - 1:45PM	9:00 AM					
10:00 AM				Lap Swim 9AM - 1:45PM	10:00 AM					
11:00 AM				Lap Swim 9AM - 1:45PM	11:00 AM					
12:00 PM				Lap Swim 9AM - 1:45PM	12:00 PM					
1:00 PM				Lap Swim 9AM - 1:45PM	1:00 PM					
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM										6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

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Effective Date:
2/1/26