

MONDAY

The Park Center Aquatics Schedule

MONDAY

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM										6:00 AM
7:00 AM										7:00 AM
8:00 AM										8:00 AM
9:00 AM	Aqua Fit-Shallow 9AM - 10AM									9:00 AM
10:00 AM	Adult Only Time 5:30AM - 12AM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 4PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 4PM	Lap Swim 5:30AM - 4PM	Lap Swim 5:30AM - 4PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM	Open Plunge 12PM - 8:45PM									3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM	Aqua Fit-Shallow 6PM - 7PM									6:00 PM
7:00 PM	Open Plunge 12PM - 8:45PM	Lap Swim (Subject to Availability) 7:30PM - 8:45PM	Lap Swim (Subject to Availability) 7:30PM - 8:45PM		MAC 4:30PM - 6:30PM		Water Polo 6:30PM - 7:30PM / 8:15PM			7:00 PM
8:00 PM				Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.

You may be asked to move/change/share lanes to better accommodate pool programming.

Effective Date:
2/2/26

TUESDAY

The Park Center Aquatics Schedule

TUESDAY

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM						Lap Swim 5:30AM - 7AM	5:00 AM			
6:00 AM	Adult Time 5:30AM - 12PM									6:00 AM
7:00 AM										7:00 AM
8:00 AM	Aqua Fit-Shallow 7:45AM - 8:45AM 9AM - 10AM									8:00 AM
9:00 AM										9:00 AM
10:00 AM	Adult Time 5:30AM - 12PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 4PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 4PM	Lap Swim 5:30AM - 4PM	Lap Swim 5:30AM - 4PM	Lap Swim 8:30AM - 3PM	10:00 AM			
11:00 AM										11:00 AM
12:00 PM	Open Plunge 12PM - 3:45PM									12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM	Swim Lessons 3:45PM - 6PM		Swim Lessons 4:30PM - 6PM							3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM	Open Plunge 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim	Lap Swim	Lap Swim	6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
2/3/26

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accommodate pool programming.

WEDNESDAY

The Park Center Aquatics Schedule

WEDNESDAY

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM	Adult Only Time 5:30AM - 12PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 4PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 4PM	Lap Swim 5:30AM - 4PM	Lap Swim 5:30AM - 4PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 9AM	Lap Swim 5:30AM - 9AM	Lap Swim 5:30AM - 9AM	5:00 AM
6:00 AM										6:00 AM
7:00 AM										7:00 AM
8:00 AM										8:00 AM
9:00 AM										9:00 AM
10:00 AM										10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM	Open Plunge 12PM - 8:45PM						MHS 3PM - 4:30PM			3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM										6:00 PM
7:00 PM	Open Plunge 12PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6:15PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	AquaLogix 6:30PM - 7:30PM			7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
2/4/26

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accommodate pool programming.

THURSDAY

The Park Center Aquatics Schedule

THURSDAY

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM						Lap Swim 5:30AM - 7AM	5:00 AM			
6:00 AM	Adult Time 5:30AM - 12PM									6:00 AM
7:00 AM										7:00 AM
8:00 AM	Aqua Fit-Shallow 7:45AM - 10AM									8:00 AM
9:00 AM										9:00 AM
10:00 AM	Adult Time 5:30AM - 12PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 4PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 4PM	Lap Swim 5:30AM - 4PM	Lap Swim 5:30AM - 4PM	Lap Swim 8:30AM - 3PM	10:00 AM			
11:00 AM										11:00 AM
12:00 PM	Open Plunge 12PM - 3:45PM									12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM	Swim Lessons 3:45PM - 6PM									3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM	Open Plunge 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM				6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
2/5/26

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
You may be asked to move/change/share lanes to better accommodate pool programming.

FRIDAY

The Park Center Aquatics Schedule

FRIDAY

Time	Activity Pool	Competition Pool								Time	
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8		
5:00 AM										5:00 AM	
6:00 AM	Adult Only Time 5:30AM - 12PM						Lap Swim 5:30AM - 9AM	Lap Swim 5:30AM - 9AM	Lap Swim 5:30AM - 9AM	6:00 AM	
7:00 AM										7:00 AM	
8:00 AM	Aqua Dance 8AM - 9AM									8:00 AM	
9:00 AM	Adult Only Time 5:30AM - 12PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 4PM	Lap Swim (Subject to Lifeguard Availability) 5:30AM - 4PM	Lap Swim 5:30AM - 4PM	Lap Swim 5:30AM - 4PM	Lap Swim 5:30AM - 3PM		Aqua Fit-Deep 9AM - 10AM		9:00 AM	
10:00 AM										10:00 AM	
11:00 AM										11:00 AM	
12:00 PM	Open Plunge 12PM - 8:45PM						Lap Swim 10AM - 3PM	Lap Swim 10AM - 3PM	Lap Swim 10AM - 3PM	12:00 PM	
1:00 PM										1:00 PM	
2:00 PM										2:00 PM	
3:00 PM									MHS 3PM - 4:30PM		3:00 PM
4:00 PM										4:00 PM	
5:00 PM										5:00 PM	
6:00 PM										6:00 PM	
7:00 PM		Lap Swim (Subject to Lifeguard Availability) 6:30PM - 8:45PM	Lap Swim (Subject to Lifeguard Availability) 6:30PM - 8:45PM		Water Polo 6:15PM - 8:15PM					7:00 PM	
8:00 PM				Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8:00 PM	

LAP SWIMMING ETIQUETTE

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Effective Date:
2/6/26

PLEASE NOTE

The Park Center reserves the right to change the schedule at any time to better serve the needs of our community.
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SATURDAY**The Park Center Aquatics Schedule****SATURDAY**

Activity Pool		Competition Pool									
Time		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time	
5:00 AM										5:00 AM	
6:00 AM										6:00 AM	
7:00 AM	Adult Only Time 7AM - 9AM	Lap Swim (Subject)	Lap Swim (Subject)	Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 10:30AM	Lap Swim 7AM - 9:15AM	Lap Swim 7AM - 9:15AM	Lap Swim 7AM - 9:15AM	7:00 AM	
8:00 AM										8:00 AM	
9:00 AM	Swim Lessons 9AM - 10AM						AquaLogix 9:15AM - 10:15AM			9:00 AM	
10:00 AM	Open Plunge 10AM - 4:45PM (Slide will turn on at 9AM; Toys structure will turn on at 10AM)									10:00 AM	
11:00 AM										11:00 AM	
12:00 PM										12:00 PM	
1:00 PM				Lap Swim 1:30PM - 2:30PM	Lap Swim 1:30PM - 2:30PM	Lap Swim 1:30PM - 2:30PM	1:00 PM				
2:00 PM										2:00 PM	
3:00 PM										3:00 PM	
4:00 PM										4:00 PM	
5:00 PM										5:00 PM	
6:00 PM										6:00 PM	
7:00 PM										7:00 PM	
8:00 PM										8:00 PM	

LAP SWIMMING ETIQUETTE

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Effective Date:
2/7/26

SUNDAY**The Park Center Aquatics Schedule****SUNDAY**

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM										6:00 AM
7:00 AM										7:00 AM
8:00 AM										8:00 AM
9:00 AM	Open Plunge 9AM - 1:45PM	Lap Swim (Subject to Lifeguard Availability) 9AM - 1:45PM	Lap Swim (Subject to Lifeguard Availability) 9AM - 1:45PM	Lap Swim 9AM - 1:45PM	9:00 AM					
10:00 AM										10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM										6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
2/8/26

PLEASE NOTE

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